

Municipal Fire and Police Retirement System of Iowa
Medical Examination – For Completion by Physician

NAME: _____ SSN: _____

Applicant for: ☐ Police ☐ Fire

Date: _____

Vital signs:

Height	Weight	Pulse	Respirations	Blood Pressure
(inches)	(pounds)	/ min.	/ min.	/

Vision:

	Without Correction			With Correction <input type="checkbox"/> Glasses <input type="checkbox"/> Contacts		
	Right	Left	Both	Right	Left	Both
FAR	20/	20/	20/	20/	20/	20/
NEAR	20/	20/	20/	20/	20/	20/

Color Vision:

- ☐ Normal
☐ Borderline
☐ Abnormal

Problematic colors: _____

Peripheral Vision:

Right	Left	Both
°	°	°

Check the appropriate box for each item. “N” = Normal, “A” = Abnormal. Please provide an explanation for items marked abnormal. If additional space is needed, please use the space allotted on the following page.

Exam	N	A	Explanation	Exam	N	A	Explanation
Skin				Neurological			
Head-Neck				Reflexes:			
Nose				Patellar			
Teeth-Gums				Achilles			
Mouth				Brachialis			
Throat				Triceps			
Lymph nodes/glands				Joints			
Thyroid				Arms			
Eyes				Hands			
Ears				Legs			
Thorax				Feet			
Lungs				Gait			
Heart				Grip Force			
Pulses				Spine			
Abdomen				Flexion			
Liver				Extension			
Varicosities				Operative scars			
Hernia				Straight leg raise: R			
Genito-urinary				L			

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NAME: _____ SSN: _____

Please use this space for additional comments and/or explanations of abnormal results from the medical examination on the previous page. If more space is needed, please use the back of this page.

[illegible]

Please use the table below for laboratory results. Include the actual values where appropriate. If possible, provide an explanation for abnormal results. Additional space is provided, if needed, on the following page.

Lab/Test	N	A	Result(s), if applicable	Explanation
Urinalysis (<i>Dip</i>): Protein				
Sugar				
<i>Blood</i>				
CBC				
Serum Creatinine				
Fasting Glucose				
AST				
ALT				
Hepatitis B <i>Antibody</i>				
Hepatitis B <i>Antigen</i>				
Hepatitis C screen (Anti-HCV antibody)				
HIV screen				
PPD (Tuberculin)				
Fasting lipid profile				
<i>5-Drug Urine Drug screen THC, Coc, PCP, opiates, amphetamine-methamphet</i>				
ECG				
Treadmill Stress Test				
CXR (PA/Lat) to be read by a radiologist				
Spirometry FEV1				
FVC				
FEV1/FVC				

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NAME: _____ SSN: _____

Audiometry (unaided):

	500	1000	2000	3000	4000	6000	8000 (optional)
Right							
Left							

Please use this space for any additional comments regarding labs, audiometry, or other studies.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Municipal Fire and Police Retirement System of Iowa
Medical Examination – For Completion by Physician

NAME: _____ SSN: _____

Date: _____

Examination for position of (Job title): _____

Below, please circle the appropriate response to indicate final results. Please comment on any reasons for a “NO” or “PENDING” response.

YES The **EXAMINEE** is medically qualified to do the essential functions of the job.

NO The **EXAMINEE** is **NOT** medically qualified to do the essential functions of the job.

Comments: _____

NOTE: Abnormalities on the above physical examination and/or required laboratory studies may require further evaluation. Payment authorization must be obtained from the employing authority prior to any additional examination or evaluation. The results of such further evaluation must rule out any disease or illness that may interfere with the ability of the candidate to perform the essential functions required of their occupation. These results must be submitted to the examiner that will be providing medical clearance to perform the duties required of police officers or firefighters (whichever the case may be).

OTHER CONSIDERATIONS: Sufficient medical information must be available to make a definitive determination as to the applicant’s ability to perform the essential functions of the job (as set out in the protocol) with or without reasonable accommodation. If additional information is required, further evaluation will be necessary, subject to advance payment authorization, as set forth in the preceding paragraph. If it is determined that the applicant is not medically qualified to perform the essential functions of the job with or without reasonable accommodation, the basis for that conclusion should be set out in the “Comments” section above.

Physician’s Signature: _____

Physician’s Name (please print): _____

Clinic/Hospital Name: _____

Date: _____

EXHIBIT A

POLICE OFFICER ESSENTIAL FUNCTIONS

PERFORMING POLICE OFFICER DUTIES

1. Drive motor vehicle under non-emergency conditions.
2. Search persons, vehicles and places.
3. Drive motor vehicle under emergency circumstances.
4. Respond to calls.
5. Patrol assigned area in a vehicle.
6. Transport prisoners.
7. Make checks of various types of premises.
8. Check condition/status of assigned patrol equipment.
9. Warn offenders in lieu of arrest or citation.
10. Administer first aid.
11. Assist elderly or disabled persons or individuals in need of similar assistance.
12. Evacuate persons from dangerous area.
13. Make arrests.
14. Issue citations for non-traffic offenses.

Other Important Patrol Functions

1. Escort vehicles or persons.
2. Respond to and resolve animal complaints.
3. Advise vehicle owners to remove abandoned vehicles.
4. Patrol assigned area on foot.
5. Check businesses for compliance with licensing requirements.
6. Handle canines.

ESSENTIAL TRAFFIC FUNCTIONS

1. Enforce traffic and parking laws and ordinances.
2. Investigate traffic accidents and aid the injured.
3. Request emergency assistance for accident.
4. Locate witnesses to accidents.
5. Identify owner of vehicle involved in accident.
6. Issue parking or traffic citations.
7. Administer roadside sobriety test.
8. Follow suspicious vehicles.
9. Check vehicles for proper registration.
10. Control, regulate & direct traffic, vehicular and pedestrian.
11. Operate breathalyzer test apparatus.
12. Collect physical evidence from accident scenes.
13. Assist stranded motorist.
14. Direct traffic using barriers, flares, and hand signals.
15. Arrange for obtaining blood/urine samples for sobriety test.
16. Measure skid marks.
17. Remove hazards from roadway.

Other Important Traffic Functions

1. Plan traffic patrol tactics.
2. Manually push a stalled motor vehicle with or without assistance.

ESSENTIAL ARREST/APPREHENSION FUNCTIONS

1. Identify and apprehend offenders.
2. Handcuff suspects or prisoners.
3. Conduct frisk and pat down.
4. Advise persons of constitutional rights.
5. Seize contraband.
6. Use deadly force when necessary.
7. Fire weapons on duty.
8. Pursue suspect in vehicle.
9. Pursue suspect on foot.
10. Check welfare and maintain security of prisoners.
11. Detain prisoners for temporary holding purposes.
12. Accompany prisoners to their arraignments.

Other Important Arrest/Apprehension Functions

1. Participate in raids.
2. Check individual making bond for wants or warrants.
3. Fingerprint suspect.
4. Organize and conduct photo or station-house lineups.

ESSENTIAL PHYSICAL FUNCTIONS

1. Sit for long periods of time.
2. Clean and inspect weapons.
3. Maintain target practice skills, including the standards necessary to maintain qualification.
4. Subdue and arrest a resisting/attacking individual.
5. Encounter resistance during an arrest or in an emergency.
6. Sit or stand for long periods of time.
7. Encounter an armed suspect.
8. Wear bulky equipment.
9. Recover weapon from suspect who gives it up voluntarily.
10. Walk up and down flights of stairs.
11. Stand for long periods of time.
12. Perform an evasive maneuver to recover weapon from suspect.
13. Wear a protective vest.
14. Run fast for a short period of time to apprehend a suspect.
15. Run to person requiring emergency assistance.
16. Climb over obstacles such as fences, shrubs, ditches.
17. Run a distance of under 50 yards.
18. Walk for long periods of time.
19. Climb over obstacles lower than six feet.
20. Lift, pick up, and/or carry injured/deceased person.

Other Important Physical Functions

1. Run a distance of over 50 yards.
2. Jump down from elevated surfaces.
3. Force entry into buildings.
4. Pull self up over obstacles.
5. Lift, pick up and/or carry heavy objects or equipment.
6. Pull self through openings.
7. Climb through small openings (e.g., windows).
8. Physically push large/heavy objects.
9. Drag injured/deceased person.
10. Crawl in confined areas (e.g. attics).
11. Run for a long period of time.
12. Carry an unconscious person unassisted.

ESSENTIAL INVESTIGATIVE FUNCTIONS

1. Investigate crimes against persons and property.
2. Collect and preserve evidence.
3. Investigate suspicious persons or vehicles.
4. Locate witnesses to crime.
5. Investigate accidents.
6. Search crime scenes for physical evidence.
7. Search premises or property.
8. Secure accident, crime, and disaster scenes.
9. Interrogate suspects.
10. Make judgments re: probable cause for warrantless searches.
11. Document chain of custody of evidence.
12. Search for missing people.
13. Diagram crime and accident scenes.
14. Transport property or evidence.
15. Review information on criminal and traffic activity in area and roll call information.
16. Recover and inventory stolen property.
17. Investigate complaints of drug law violations.
18. Check stolen status on property through computer network.
19. Estimate value of stolen or recovered goods.
20. Process crime scene, fingerprints, accident scene, etc.
21. Conduct surveillance of individuals/locations.

Other Important Investigative Functions

1. Trace stolen goods.
2. Review crime lab reports, records to aid investigation.
3. Examine dead bodies.

ESSENTIAL COMMUNICATIONS FUNCTIONS

1. Interact and work with citizens.
2. Provide accurate oral descriptions.
3. Talk with people to establish rapport.
4. Explain complaints to offenders, victims, witnesses.

5. Exchange information with other law enforcement officials.
6. Participate in meetings with other officers (roll call).
7. Mediate family disputes.
8. Conduct interviews.
9. Comfort emotionally upset persons.
10. Advise victims, witnesses and offenders on legal procedures.
11. Refer persons to agencies providing social services.
12. Contact higher-level supervisors regarding problems.

Other Important Communications Functions

1. Conduct parent-juvenile conferences.
2. Contact lower level supervisors regarding problems.
3. Make presentations to groups.

ESSENTIAL COMMUNITY/PUBLIC RELATIONS FUNCTIONS

1. Use knowledge of community resources (e.g., detox).

Other Important Community/Public Relations Functions

1. None Found.

ESSENTIAL COURT FUNCTIONS

1. Testify in cases or hearings.
2. Confer with prosecutors or city attorney.
3. Testify in criminal and civil court cases.
4. Read and review reports and notes for court testimony.
5. Present evidence in legal proceedings.

Other Important Court Functions

1. Escort prisoners to and from court.

ESSENTIAL PLANNING/ORGANIZING FUNCTIONS

1. Perform special duties as assigned by superiors.

Other Important Planning/Organizing Functions

1. None Found.