

Municipal Fire and Police Retirement System of Iowa
Protocol Summary – Checklist of documents and tests

NAME: _____ SSN: _____

- Medical History (MFPRSI Fire & Police Questionnaire Form)
- Occupational History (MFPRSI Occupational History for Firefighter OR Police Form)
- Physical Exam (MFPRSI Medical Examination Form)
 - Physician Exam
 - Height
 - Weight
 - Pulse
 - Respirations
 - Blood Pressure
 - Vision
 - Near
 - Far
 - Peripheral
 - Color (Ishihara, Farnsworth, etc.)
- Urinalysis Dipstick (blood, protein, glucose)
- Blood Work:
 - CBC
 - Chemistry:
 - Serum Creatinine
 - Fasting glucose
 - AST
 - ALT
 - Fasting Lipid Profile
 - Immune Status:
 - Hepatitis B antibody
 - Hepatitis B antigen
 - Hepatitis C Screen
 - HIV screen
- TB Test: PPD - Mantoux skin test (One step test)
- ECG
- Treadmill Stress Test
- Chest X-ray (read by radiologist)
- Pulmonary Function Test (PFT)
- Audiometry
- Urine Drug Screen:
 - 5 panel screen
 - Marijuana
 - PCP
 - Cocaine
 - Opiates
 - Amphetamine-Methamphetamine

Review appropriate MFPRSI Fire Protocol document or MFPRSI Police Protocol document for interpretation of results.