

Municipal Fire and Police Retirement System of Iowa
Protocol Summary
Checklist of documents and tests

Name: _____ SSN: _____

- Medical history MFPRSI Fire and Police Questionnaire Form
- Occupational history MFPRSI Occupational History for Firefighter OR Police Form
- Physical exam: MFPRSI Medical Examination Form
 - Physician exam
 - Height
 - Weight
 - Pulse
 - Respirations
 - Blood pressure
 - Vision:
 - Near
 - Far
 - Peripheral
 - Color (Ishihara, Farnsworth, etc.)
- Urinalysis dipstick (blood, protein, glucose)
- Blood work:
 - CBC
 - Chemistry:
 - Serum creatinine
 - Fasting glucose
 - AST
 - ALT
 - Fasting Lipid profile
 - Immune Status:
 - Hepatitis B antibody
 - Hepatitis B antigen
 - Hepatitis C screen
 - HIV screen
- TB test: PPD - Mantoux skin test
- ECG
- Treadmill stress test
- Chest x-ray (read by radiologist)
- Pulmonary Function Test (PFT)
- Audiometry
- Urine drug screen:
 - 5 panel screen:
 - Marijuana
 - PCP
 - Cocaine
 - Opiates
 - Amphetamine - Methamphetamine

Review appropriate MFPRSI Fire Protocol document or MFPRSI Police Protocol document for interpretation of results.