

MFPRSI UPDATE

Spring 2026 Volume 64

Jennifer Sease: A Balanced Voice for Cities and Members

For more than four years, Jennifer Sease has brought deep experience, balanced judgment and thoughtful leadership to the Municipal Fire and Police Retirement System of Iowa (MFPRSI) Board of Trustees.

With over 17 years of service to the City of Ankeny – including five years as Finance Director and the past 12 as Director of Administrative Services – Jennifer oversees five major departments: finance, the city clerk’s office, information technology, human resources, and the library. Her extensive background in public finance has made her an invaluable representative for Iowa cities on the MFPRSI Board.

Jennifer’s career has been rooted in government service from the beginning. Fresh out of college, she joined the Iowa State Auditor’s Office, where she audited cities, counties and state agencies. She later served as a county budget assistant before transitioning to city government, where she has spent more than two decades shaping financial operations and long-range planning.

Her path to MFPRSI began when the Iowa League of Cities – responsible for appointing the Board’s four city representatives – selected her following a former City Manager’s recommendation. By then, she was already familiar with the retirement system through Ankeny’s role as a contributing employer.

“I understood how the system worked and the importance of these pensions to police officers and firefighters,” Jennifer said.

A Long-Term Focus to Weather All Storms

During her tenure, Jennifer has taken on two of the most challenging responsibilities of the MFPRSI Board: investment oversight and disability appeal hearings.

Ensuring that MFPRSI’s investments are positioned to support long-term

[continued on page 3](#)



Jennifer Sease
Administrative
Services Director
City of Ankeny

IN THIS ISSUE...

- | | |
|---|---------------------------------------|
| 1 - Jennifer Sease: A Balanced Voice for Cities and Members | 2 - Check out Our New Benefits Flyer! |
| 2 - Board News | 3 - Board of Trustees |
| 2 - Legislative Update | 3 - Contact Us |
| 2 - Chatbot Available on Website | 4 - 2026 Remaining MFPRSI Calendar |
| | 4 - Sign Up for My411! |

Board News

Duane Pitcher was reappointed to the Board of Trustees in 2026. Pitcher first served as a city representative from 2003 to 2022 and now serves as the citizen member on the Board. The citizen member is appointed by the eight voting members, who are appointed by the Iowa Professional Fire Fighters (IPFF), Iowa State Police Association (ISPA), and the Iowa League of Cities (League). Pitcher has been the citizen member since 2023.

Corey Goodenow, Director of Finance for the City of Ames, was reappointed to a four-year term by the League. He has served on the Board since 2024.

Jacob Schweitzer was reappointed to a four-year term this year. He is a firefighter from Urbandale and was selected by the IPFF. Schweitzer was first appointed earlier in 2026 to finish the term of his predecessors, Brandon Pflanzner and Jason Zilk.

Marty Pottebaum and Duane Pitcher were both appointed by their peers as Chairperson and Vice Chairperson, respectively.



Duane Pitcher



Corey Goodenow



Jacob Schweitzer



Marty Pottebaum

LEGISLATIVE UPDATE



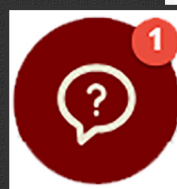
House File 2345, (HF2345), was passed and signed by Governor Kim Reynolds allowing MFPRSI

to share a member's or beneficiary's legal name and last known city of residence with the State Treasurer of Iowa to help locate them.

This will provide assistance to the retirement system when looking for terminated members who have dollars still in the system.

Chatbot Available on Website

MFPRSI has introduced a new chatbot on its website to make finding information faster and easier. Available anytime at www.mfprsi.org, the chatbot helps users quickly locate resources, answer common questions, and navigate the site with ease. Whether you are an employer, member, or city official, this tool offers convenient support at your fingertips, reducing the need to search through pages. It is accessible on every page of our website. Look for the circle with the question mark in the bottom right-hand corner of the website and give it a try to see how it can simplify your experience.



CHECK OUT OUR NEW BENEFITS FLYER!

A new document, *MFPRSI Benefits Flyer*, is available on our website and can serve as a recruitment tool for prospective and new members, and a helpful overview for current members and city officials. It provides a lump-sum value range of the current service retirement benefit that cities can communicate to members and highlights the retirement system's lifetime pension, disability benefits, and survivor benefits. You can find it at www.mfprsi.org/employers/mfprsi-benefits-flyer.



Jennifer Sease continued from page 1

pension obligations is a core board duty – one she approaches with care and discipline. While her background in finance provides a strong foundation, she acknowledges the complexity of investment decision-making.

“Investments can be complicated,” she said. “I don’t speak the language every day, but our advisors and professional staff do a great job guiding us through the decisions.”

One key measure of success is meeting the retirement system’s 7.5% annual investment rate of return.

“When we meet or exceed that goal, you feel like you’re accomplishing what you set out to do,” she said. “We can’t control the stock market, but we can make thoughtful, long-term decisions rather than reacting to short-term conditions.”

Her approach aligns with MFPRSI’s disciplined investment philosophy.

Jennifer also serves on many of the Board’s disability appeal hearings. These decisions, she notes, are among the most meaningful and difficult the Board faces.

“Hearing what these individuals have gone through in service to their communities can be very hard,” she said. “We weigh these decisions carefully because they have a lasting impact on someone’s life.”

MFPRSI is ‘Moving in the Right Direction’

Jennifer is optimistic about the direction the retirement system is headed. With a funded ratio currently just over 85%, she hopes to see MFPRSI reach a funded ratio of 100%.

“That would mean the system has set aside sufficient funds to pay all future benefits for its current employees and retirees,” she said. “Continuing to make incremental progress toward full funding is a key indicator that we’re moving in the right direction.”

She also appreciates the stability MFPRSI has maintained through strong leadership, long-term investment discipline and thoughtful responses to legislative changes.

“I’m grateful for the advisors and staff who support this work,” she said. “You never feel like you’re making decisions alone.”

From evaluating investment strategies to hearing disability appeals to every board responsibility in between, Jennifer brings a balanced and grounded approach to her role at MFPRSI. Her career-long dedication to public service and her commitment to supporting the firefighters and police officers who rely on MFPRSI reflects the mission and values of the retirement system she helps oversee.

Through every decision, she brings a steady voice – helping ensure MFPRSI remains strong for the members who depend on it today and in the years ahead.

Board of Trustees

The Board of Trustees consists of nine voting members and four non-voting members.

Voting Members:

Marty Pottebaum, Chair
Duane Pitcher, Vice Chair
Corey Goodenow
Frank Guihan

Laura Schaefer
Nickolas Schaul
Jacob Schweitzer
Jennifer Sease
Eric Snyder

Non-Voting Members:

Sen. Tim Kraayenbrink
Sen. Thomas Townsend
Rep. Christian Hermanson
Rep. Kenan Judge

Contact Us

Telephone: (515) 254-9200 or (888) 254-9200

Email: pensions@mfprsi.org

Website: www.mfprsi.org

Open Monday-Friday, 7:30 a.m. to 4:00 p.m.

2026 REMAINING MFPRSI CALENDAR

BENEFIT PAYMENT DATES

MAY 29, JUNE 30, JULY 31, AUGUST 31, SEPTEMBER 30, OCTOBER 30,
NOVEMBER 30, DECEMBER 31

BOARD OF TRUSTEES MEETING DATES

JULY 9, AUGUST 20, OCTOBER 8, NOVEMBER 19

HOLIDAY SCHEDULE

MAY 25, JULY 3, SEPTEMBER 7, NOVEMBER 11, NOVEMBER 26-27, DECEMBER 24-25

Benefit payments are tentatively dated the final business day of each month. MFPRSI intends to send benefit payments on the referenced dates listed. Each benefit payment constitutes payment for the month concluded. The Board of Trustees meet in formal open session at regularly scheduled meetings throughout the year. All meetings begin at 10:00 a.m. Central Time unless noted otherwise. MFPRSI will be closed on the dates listed under Holiday Schedule.

**SIGN UP FOR
MY411!**

My411 offers online access to members of MFPRSI! Members can currently sign-up and view a snapshot of their MFPRSI account and access various pension documents. My411 is available to all members. If you have not already signed up, contact us to register your account!

PRST STD
U.S. Postage
PAID
Des Moines, IA
Permit No. 4884

MFPRSI
MUNICIPAL FIRE & POLICE
RETIREMENT SYSTEM OF IOWA
7155 Lake Drive, Suite 201
West Des Moines, IA 50266